

A match made in  
*heaven*



Topical creams for  
post-menopausal  
hormone balancing



*Silky Peach Cream*

## SILKY PEACH CREAM FOR THE WIN

Two pumps of Silky Peach Cream contains approximately 1mg of bioidentical Estril — the gentlest of the 3 types of naturally occurring estrogens.

Using Silky Peach Cream daily gives you just the right amount of estrogen to gradually rebuild your tender tissue and increase vaginal lubrication... allowing sex to actually be fun again!

Plus many of our customers report reduced hot flashes, more sanity, and less peeing while sneezing!

## ONE SIMPLE DAILY STEP

Pump the cream onto your finger and apply the cream directly onto the inner labia — the inner lips right next to the opening of your vagina. Use once a day — we recommend at bedtime so you are lying flat while it goes to work.

Silky Peach will help lube your inner workings, but it isn't a lubricant, and shouldn't be used as one during sex (though having sex shortly after applying won't hurt anyone).

## HORMONE ROLLER COASTER

You already know that your hormones have gone all wack-a-doodle, whether you're peri-menopausal or post-menopausal. And a couple of the biggest side effects are hot flashes, moodiness, sleeplessness, and ouch... vaginal dryness and even tearing.

Though the hot flashes and bouts of crazy totally suck, the changes to our lady bits can cause more lasting disruptions.

Without enough estrogen, your vaginal tissue thins, becoming fragile, dry and less stretchable. That's why lube, although useful, isn't enough to solve the painful sex problem. And lack of estrogen can also lead to UTIs and urinary incontinence. Ick.

Without enough progesterone, you may start experiencing:

- Tender and fibrocystic breasts
- Increased forgetfulness
- Foggy thinking
- Tearfulness
- Depressed
- Mood swings
- Bloating
- Trouble sleeping

But here at Parlor Games, we've got you covered!

## A COUPLE OTHER NOTES OF IMPORTANCE

If you are still menstruating (however erratically), start slowly and work up — once every other day to begin with to see how that goes. Sometimes, the burst of estril can kick start a period for premenopausal women.

The cream does have estril in it — a weak estrogen, but still an estrogen — so don't over use it. Hormones are all about balance. Let nature and science run its course and you'll be feeling just peachy in no time.

## SILKY PEACH CREAM INGREDIENTS

Deionized water, Shea Butter\*, Beeswax\*, Cupuacu Butter\*, Sunflower Oil\*, Glycerin\*, Stearic Acid, Lactobacillus, Leuconostoc/ Radish Root Ferment Filtrate, Aloe Barbadensis Leaf Juice, Sweet Almond Oil\*, Phenoxyethanol, Xanthan Gum, Coconut Fruit Extract, Estril, Potassium Sorbate, Tocopheryl Acetate, Glycerin, Sodium Hydroxide, Cucumber Peel Extract, Gluconolactone, Sodium Benzoate.

\*Organic. PARABEN FREE

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# Vibrant Third

## BALANCING CREAM

### PROGESTERONE IS A WONDER HORMONE!

It has over a hundred functions in the body. And just because your body stops producing progesterone, doesn't mean your body doesn't need it anymore.

Vibrant Third Progesterone Cream, with 25mg of USP bioidentical progesterone and a range of ingredients with antioxidant and antiaging properties, will support your brain, bones, breasts, heart, digestion, skin, joints so you can keep them functioning well as long as you need them!

### HOW TO APPLY

Apply Vibrant Third Progesterone Cream at night, to the thin areas of the skin where blood vessels are closest to the surface (ideally visible) such as your inner arm, wrist, behind the knee, or ankles. Rotate locations with each application so that there is no build up in one place.

### HOW MUCH TO USE

For post menopausal women, we recommend you start slowly with just 1 pump every other evening and gradually increase to 5 evenings a week. Too much progesterone can signal the body to stop making progesterone receptors.

### HOW DO I KNOW IF IT'S WORKING?

Unlike Silky Peach Cream which has OBVIOUS effects, progesterone acts in a more subtle way. Progesterone will gradually bring balance and function back to many cells, and at some point you'll realize, "Hey, a bunch of my low progesterone symptoms kind of went away."

### HOW TO COMBINE ESTRIOL AND PROGESTERONE CREAMS

A small percentage of women experience mild side-effects when starting estriol, but these generally disappear within 2-3 weeks. As such, we suggest a phased approach to starting hormones so you can observe each one separately. Consider using estriol for 2 weeks, then, if there are no side effects, start adding progesterone.

### VIBRANT THIRD INGREDIENTS

Deionized Water, Sunflower Seed Oil\*, Shea Butter\*, Progesterone, Cupuacu Butter\*, Stearic Acid, Glycerin, Carnauba Wax\*, Lactobacillus/Acerola Cherry Ferment, Leuconostoc/Radish Root Ferment Filtrate, Lactobacillus, Aloe Barbadensis Leaf Juice, Sweet Almond Oil\*, Phenoxyethanol, Xanthan Gum, Bacopa Monnieri Extract\*, Rhodiola Rosea Root Extract\*, Marula Seed Oil\*, Coconut Fruit Extract, Moringa Pterygosperma Seed Extract, Coenzyme Q10, Potassium Sorbate, Tocopheryl Acetate, Roman Chamomile Flower Oil, Rosemary Leaf Extract, Sodium Hydroxide, Cucumber Peel Extract, Gluconolactone, Sodium Benzoate  
\*Organic. PARABEN FREE

### RESEARCH

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[Quality of life and sexual function of naturally postmenopausal women on an ultralow-concentration estriol vaginal gel](#) Caruso, Salvatore MD1; Cianci, Stefano MD1; Amore, Francesca F. MD2; Ventura, Betty MD1; Bambili, Elisa MD1; Spadola, Saveria MD2; Cianci, Antonio MD1 Menopause: January 2016 - Volume 23 - Issue 1 - p 47-54

[Pharmacotherapy for the treatment of vaginal atrophy](#) Gilbert G. G. Donders ORCID Icon, Kateryna Ruban , Gert Bellen & Svitrigaile Grinceviciene Expert Opinion on Pharmacotherapy Volume 20, 2019 - Issue 7

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[Comparison of physical and emotional side effects of progesterone or medroxyprogesterone in early postmenopausal women](#). Cummings J A, Brizendine L. Menopause. 2002;9:254-263.

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